

NEGATIVE AFFECT

Tier 1

BIMAS-Universal Screening: Low Risk

Grade Level	Instructional Format	BIMAS ITEMS	Screening/ Progress Monitoring	Suggested Curriculums/ Interventions	Suggested Websites/ Additional Interventions
K-8	All Students			Second Step	www.cfchildren.org/secondstep.aspx
K-5	All Students			Open Circle	www.open-circle.org/
EC-12	All Students			PBIS/Behavior Matrix	www.pbis.org
K-5	All Students			Responsive Classroom	https://www.responsiveclassroom.org/
EC-12	All Students			Trauma Sensitive Schools	www.massadvocates.org/order-book.php
EC-12	All Students			Aggression Reduction	http://marccenter.webs.com/
EC-12	All Students			Playmakers	http://www.lifeisgood.com/playmakers/ http://www.pearsonassessments.com/pai/ca/RelatedInfo/SSISOverview.htm
EC-12	All Students			Social Skills Improvement System	
8-12	All Students			S.O.S.	http://www.mentalhealthscreening.org/programs/youth-prevention-programs/sos/
EC-12	All Students			PBIS Anti-Bullying	http://www.pbis.org/school/bully_prevention.aspx

Tier 2
BIMAS-Universal Screening: Some Risk

Grade Level	Instructional Format	BIMAS ITEMS	Screening/ Progress Monitoring	Suggested Curriculums/ Interventions	Suggested Websites/ Additional Interventions
K-12	Small groups of students		*Schoolwide Information System or *Excel	Check-In/Check-Out	www.pbisworld.com/tier-2/check-in-check-out-cico/
K-5	Small groups of students		BIMAS Progress Monitoring	Coping Cat-Cognitive Behavioral Therapy for Anxiety	
6-12	Small groups of students		BIMAS Progress Monitoring	The C.A.T. Project-Cognitive Behavioral Therapy for Anxiety	
3-8	Small groups of students		BIMAS Progress Monitoring	ACTION-Cognitive Behavioral Therapy for Treating Depressed Girls	
3-8	Small groups of students		BIMAS Progress Monitoring	ACTION-Cognitive Behavioral Therapy for Treating Depressed Boys	
8-12	Small groups of students		BIMAS Progress Monitoring	Depression (Childrens' Hospital)	
K-12	Small groups of students		BIMAS Progress Monitoring	Cognitive Behavioral Intervention for Trauma in Schools	http://cbitsprogram.org/
EC-8	Small groups of students		BIMAS Progress Monitoring	Power Play	
EC-12	Small groups of students		BIMAS Progress Monitoring	Other Tier 2 Interventions	www.pbis.com

Tier 3
BIMAS Universal Screening: High Risk

Grade Level	Instructional Format	BIMAS ITEMS	Screening/ Progress Monitoring	Suggested Curriculums/ Interventions	Suggested Websites/ Additional Interventions
EC-12	Individual		BIMAS Progress Monitoring	Functional Behavioral Assessments and Behavior Intervention Plans	www.pbisworld.com
K-12	Individual	#3 Appeared sleepy or tired	BIMAS Progress Monitoring	Cognitive/Behavioral Counseling: Mentoring	http://www.pbisworld.com/tier-3/mentoring/
K-12	Individual	#8 Appeared depressed	BIMAS Progress Monitoring	Cognitive/Behavioral Counseling: Coping Skills	http://www.pbisworld.com/tier-3/teach-coping-skills/
K-12	Individual	#12 Acted sad or withdrawn	BIMAS Progress Monitoring	Cognitive/Behavioral Counseling: Mentoring	http://www.pbisworld.com/tier-3/mentoring/
K-12	Individual	#16 Was easily embarrassed or felt ashamed	BIMAS Progress Monitoring	Cognitive/Behavioral Counseling: Peer Tutoring	http://www.pbisworld.com/tier-3/peer-tutoring
K-12	Individual	#20 Appeared anxious (worried or nervous)	BIMAS Progress Monitoring	Cognitive/Behavioral Counseling: Relaxation Techniques	http://www.pbisworld.com/tier-3/teach-relaxation-techniques/
K-12	Individual	#24 Expressed thoughts or hurting himself/herself	BIMAS Progress Monitoring	Cognitive/Behavioral Counseling BEST Team referral/outside mental health support	BPS Suicide Prevention Protocol
K-12	Individual	#27 Was emotional or upset	BIMAS Progress Monitoring	Cognitive/Behavioral Counseling: Relaxation Techniques	http://www.pbisworld.com/tier-3/teach-relaxation-techniques/
K-12	Individual		BIMAS Progress Monitoring	Other Tier 3 Interventions	www.PBISworld.com

NEGATIVE AFFECT: Related Articles/Strategies/Websites

School-wide Information System: www.PBISApps.org

BIMAS-Behavior Information Management System: www.mhs.com/bimas

Cognitive-Behavior Therapy:

http://en.wikipedia.org/wiki/Cognitive_behavioral_therapy CASEL:

<http://casel.org/>

Intervention Central: <http://www.interventioncentral.org/behavioral-intervention-modification>

RIDE Intervention Packet